

## Use the biopsychosocial model of illness throughout the service.

The central defining characteristic of an expert rehabilitation service is using the biopsychosocial model of illness. This approach should be evidenced in all documentation, letters, and policies. All staff, including managers and healthcare assistants, must be familiar with the model.

### Biopsychosocial model capability

#### Indicative descriptors

- Clinicians use the holistic biopsychosocial model of illness in all areas of clinical practice, for example:
  - to structure the initial rehabilitation formulation and subsequent reports
  - to analyse and discuss problems faced by a resident
  - to explain a situation to a resident and/or those close to them
  - staff demonstrate familiarity with this approach and can explain its concepts and uses to others
- The service, including managers, uses the biopsychosocial model when:
  - Undertaking quality improvement and audit
  - Planning service development, both internally and externally
  - Teaching rehabilitation to staff in training
- Training events incorporate the biopsychosocial model whenever relevant.