

Rehabilitation Capability in Practice - two

Able to develop a rehabilitation plan for a patient, both when the professional is the first to see a patient and when in a team planning meeting, and ensuring that the plan covers all aspects of a patient's need both from the team and from other services and agencies."

Capability 2: rehabilitation planning

Behaviours: The professional

provides rehabilitation plan, well documented, that

records the assessment and formulation that underlies the plan

considers the perspectives and expectations of the patient and all interested parties

shows awareness of other relevant, potentially appropriate services

justifies the proposed plan

provides detailed plans when further involvement by his/her service is not recommended

sets out long-term goals with medium- and short-term goals

when involved in any planning meeting

Acts as chair when needed, and supports the chair when no in that role

draws on the knowledge and skills of other team members appropriately

contributes actively, and supports others to do so

ensures the patient's perspectives and priorities are always considered

avoids, repetition and curtails it in others

if needed, summarises from time to time

when disagreeing with an opinion or proposal, is respectful and may use the opportunity to educate

Knowledge: knows

theory underlying goal-setting

what knowledge and skills all other team members have

any legal and ethical guidance relevant to rehabilitation patients

theories and principles of good teamwork

the priorities, practices and skills of other organisations and services involved

how to act as an effective chair of a meeting

Skills: is able to

prepare effectively for any planning meeting

present information clearly, separating fact from opinion

provide evidence, and explain it clearly

identify and recognise priorities, justifying them if needed

accept reasonable decisions and conclusions differing from your own

lead and be led in planning meetings

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